

WHAT IS A PRE-DEPLOYMENT READINESS CONFERENCE AND HOW CAN I ATTEND ONE?

"An ounce of prevention is worth a pound of cure," is a familiar expression. It is especially true in regard to pre-deployment readiness conferences (PDRCs). PDRCs provide information and resources to ensure Sailors and their designated representatives are ready for the rigors of deployment. It also provides time for attendees to mingle and get to know each other for additional support. A PDRC educates attendees about every cycle of the separation and eases anxieties concerning support for family members while the Sailor is away from home. A deployed sailor will be more focused on the mission if they know their family is taken care of back home.

Warriors (Service Member) who are tagged for or will be tagged for mobilization or deployment as an individual augmentee are encouraged to attend a PDRC along with their family and/or designated representative. The designated representative is the person who will support the Service Member throughout their deployment. The designated representative may include a spouse, parents, significant other, or family member. The definition of family member has been expanded to include: girlfriend, boyfriend, parent, brother, sister or adult children. Educational programs will be provided for children of all ages.

PDRC's are held annually at the NOSC. Family members and/or designated representatives will travel with the Service Member for their drill weekend. Lodging is provided along with lunch on Sat.

The knowledge obtained at a PDRC will help reduce the anxiety of family members during a deployment situation. Several resources will be introduced and available for questioning.

For more info on this program, contact your chain of command or:

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